## A. A compound of Formula I

$$\begin{array}{c} R^{3} \\ R^{2} \\ R^{4} \\ R^{5} \\ R^{4} \\ R^{5} \\ R^{6} \\ R^{5} \\ R^{6} \\$$

or a pharmaceutically acceptable salt thereof, wherein

X<sup>1</sup> is Cl or F;

[0275]  $X^2$  is  $CH_2$ , O, S, or NH;

 $R^1$ ,  $R^2$ ,  $R^4$ ,  $R^5$ , and  $R^6$  are each independently H, alkoxy, hydroxyl, thiol, or halo; and

R<sup>3</sup> is H, alkoxy, amino, hydroxyl, thiol, or halo.

B. The compound of Paragraph A, wherein the compound is of Formula II:

$$\begin{array}{c} R^{3} \\ R^{2} \\ R^{4} \\ \end{array}$$

$$\begin{array}{c} R^{6} \\ R^{5} \\ \end{array}$$

$$\begin{array}{c} CI \\ OMe \\ \end{array}$$

$$\begin{array}{c} OOMe \\ OH \\ \end{array}$$

or a pharmaceutically acceptable salt thereof.

C. The compound of Paragraph A or Paragraph B, wherein when  $X^2$  is O and  $R^4$ ,  $R^5$ , and  $R^6$  are each independently H, then

 $R^1$  and  $R^2$  are each independently H, alkoxy, or halo; and  $R^3$  is H, alkoxy, amino, or halo.

D. The compound of any one of Paragraphs A-C, wherein at least two of  $R^1$ ,  $R^2$ , and  $R^3$  are each independently H.

E. The compound of any one of Paragraphs A-D, wherein at least two of  $R^4$ ,  $R^5$ , and  $R^6$  are each independently H.

F. The compound of any one of Paragraphs A-E, wherein when at least one of  $R^1$ ,  $R^2$ , and  $R^3$  is hydroxyl, then at least one of  $R^4$ ,  $R^5$ , and  $R^6$  is not H.

G. The compound of any one of Paragraphs A-F, wherein when one of  $R^1$ ,  $R^2$ , and  $R^3$  is hydroxyl and the remaining  $R^1$ ,  $R^2$ , and  $R^3$  each independently H, then at least one of  $R^4$ ,  $R^5$ , and  $R^6$  is not H.

H. The compound of any one of Paragraphs A-F, wherein  $R^1$ ,  $R^2$ , and  $R^3$  are each independently H.

## I. A compound of Formula III

$$X^3$$
OH
OH
 $X^4$ 
 $X^4$ 
 $X^3$ 
 $X^4$ 
 $X^4$ 

or a pharmaceutically acceptable salt thereof, wherein

 $X^3$  is Cl or F;

[0276]  $X^4$  is  $CH_2$ , O, S, or NH; and

R<sup>7</sup> is alkoxy, hydroxyl, thiol, or halo.

J. A composition comprising a compound of any one of Paragraphs A-I and a pharmaceutically acceptable carrier.

K. A pharmaceutical composition for treating metastatic cancer, the composition comprising an effective amount of the compound of any one of Paragraphs A-I and a pharmaceutically acceptable excipient.

L. The pharmaceutical composition of Paragraph K, wherein the cancer is multiple myeloma, melanoma, lung cancer, hepatocellular carcinoma, breast cancer, or prostate cancer.

M. The pharmaceutical composition of Paragraph K or

M. The pharmaceutical composition of Paragraph K or Paragraph L, wherein the pharmaceutical composition is packaged in unit dosage form.

N. A method for inhibiting cell motility of a cancer cell, the method comprising contacting the cancer cell with a compound of any one of Paragraphs A-I.

O. The method of Paragraph N, wherein the cancer cell is a metastatic multiple myeloma cancer cell, a metastatic melanoma cancer cell, a metastatic lung cancer cell, a metastatic hepatocellular carcinoma cell, a metastatic breast cancer cell, or a metastatic prostate cancer cell.

P. The method of Paragraph N or Paragraph O, wherein the method comprises contacting the cell with an effective amount of the compound.

Q. The method of any one of Paragraphs N-P, wherein the cancer cell is not within a patient.

R. A method of treating a patient or animal suffering from metastatic cancer, the method comprising administration of an effective amount of a compound of any one of Paragraphs A-I to the patient or animal suffering from the metastatic cancer.

S. The method of Paragraph R, wherein administration of the effective amount of the compound to the patient or animal treats the patient or animal suffering from the metastatic cancer.

T. The method of Paragraph R or Paragraph S, wherein the metastatic cancer is multiple myeloma, melanoma, lung cancer, hepatocellular carcinoma, breast cancer, or prostate cancer.

U. The method of any one of Paragraphs R-T, wherein the administration comprises oral administration, parenteral administration, or nasal administration.